



PEACE CREED

Dimensional Realignment Fine Art Companion Tools
"Realigning Your Experience"

The Peace Creed is a simple tool. It was created to facilitate focus, direction, and multi-dimensional expansion of the mind embracing time. The tool brings an awareness of peace, which re-activates the human body on a cellular level.

Recite: Once a day, as a practice 3x a day, or as needed during times of stress or discomfort. Say it aloud or in quiet meditation. Give yourself at least 15 minutes to sit in intention.

HeartBreath: Focus on the heart while inhaling and exhaling. Feel the words you are reciting. To help you practice this type of breathing place your hand on your heart while reciting the Peace Creed.

HeartBreath

- I accept a healing in the **wholeness** and **truth** that I am.
- In motion with biological time, I move in the rhythm of **innocence** and **love** through **peace**.
- I feel the rhythm of **forgiveness** with **courage** and **strength** through the breath of **compassion**, parallel and **infinite** now and always in dimensional realignment with all that is.
- Through the breath of **peace**, I call in all vibrations of all energies, in all fields of all dimensions in the galaxies. *(include any ancestors & deities of your choice)*
- Through the Circle of **Love**, I embrace the **grace** unifying all sacred.
- Through the breath of **humility**, I move with **patience** and **ease**. I **understand**. *(reflect)*
- Through the breath of **awareness**, I recognize the **continuum** of the **seen** and **unseen**. I am **aware**. *(reflect)*
- Through the breath of **gratitude** and **joy**, I feel the waves of the earth, the pulse through my heart **harmoniously** in rhythm with others. I am **grateful**. *(reflect)*
- Through the breath of **life**, in motion with my **soul**, the nervous system flows. **Faith** knows.
- Chakras realigned, meridians defined, I **release** attachments of my mind. I am **loved**. *(reflect)*

HeartBreath

- As a vibrational vehicle of **healing** in dimensional realignment, I am **One** with the **Divine** at this time.
- Through guidance for the healing of state your name *(others optional)*, I am **seen**. *(reflect)*
- I accept the healing from the discomforts which limit the rhythm of movement towards **health**, **wealth** and **success**, and **release** all anxiety, fear and limitations. state your personal prayer. I am **heard**. *(reflect)*

HeartBreath

- In **peace**, I am the **transformation** of feelings of anger, resentment, and frustration. I am the **release** of attachments which bind the mind through the mirrors of consciousness **expanding** dimensionally and **paralleling** the illusions of time. I am transformed. *(reflect)*
- I resonate with the **One Love**. I am **understood**. *(reflect)*

HeartBreath

- **Awareness** of thought in **dimensional realignment** with all that is. I am _____. *(How do you see yourself)*
- **Awareness** of thought in **dimensional realignment** with all that is. I am **complete**.
- **Realigned** in vibrational synchronization in all that I am and in all that is **Love**. Thank you.

To learn more about Dimensional Realignment Fine Art Companion Tools, please visit

www.dimensionalignment.com

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